



Getting the most out of your lab experience

- Consider long-term goals
- Go through job ads you're interested in, note skills they require, then seek out opportunities to develop every relevant skill that you can
- Broaden your skill set
- Emphasize transferable skills (e.g., programming)

"Soft skills": What did research teach you about...

- Collaboration?
- Working with people with different perspectives?
- Solving conflicts?

Your resume/CV/interview response should answer:

- Why you are doing the research
 - An intriguing puzzle or challenge
- What you do, and how
- Why what you do is relevant (to job, society, etc.)
- Why the person listening should care

Your research story should have a clear beginning, middle, and end!

"Tell me about your research."

<i>Do's</i>	<i>Don'ts</i>
WHY → WHAT	WHAT → WHY
Tailor response to interviewer	Jargon terms (e.g., interleaving)
Be specific about YOUR role	Overstating / exaggerating role

Bjork Learning and Forgetting Lab Skills

- Presentation / communication
- Writing
- Working with datasets
- Programming
- Research design
- Critical thinking / evaluation

References

- <https://www.usnews.com/education/blogs/medical-school-admissions-doctor/articles/2016-12-20/6-tips-for-discussing-research-experiences-in-medical-school-interviews>
- https://www.vpul.upenn.edu/careerservices/files/Talking_about_your_research_Dec_2016.pdf
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